

GET YOUR CAE ADVANCED IN 20 WEEKS

(25 mins/day – 20 weeks)



FEATURES OF THIS CALENDAR



This calendar is based on our platform for Cambridge preparation. You need to have an active license to use this calendar appropriately.



The span of time for the preparation of the exam included in this calendar is roughly 5 months. We think that this amount of time is ideal in order to prepare assuming that you already have a CAE level.



It is highly recommended that you print this calendar in order to have a physical tracking system of your progress. After an exercise is completed, it would be really satisfying to tick it ✓.



The times suggested for each exercise are approximate, but ideal for the completion of the exercises. Try to complete the exercises within those times.



Ideally you could plan a speaking class any day of the week, but this will depend on your initial oral level and availability.

WEEK 1

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 2: Exercise 1
10 mins

Part 1: Exercise 1
15 mins

30 MIN-
SIMULATION

TUESDAY

Part 1: Exercise 1
Exercise 2
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 2: Exercise 2
10 mins

Part 5: Exercise 1
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 1: Exercise 1
10 mins

Part 5: Exercise 2
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 2: Exercise 3
10 mins

30 MIN-
SIMULATION

SATURDAY

Part 5: Exercise 3
10 mins

Part 1: Exercise 2
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 2

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 2: Exercise 4
10 mins

Part 1: Exercise 3
15 mins

30 MIN-
SIMULATION

TUESDAY

Part 1: Exercise 3
Exercise 4
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 2: Exercise 5
10 mins

Part 5: Exercise 4
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 1: Exercise 2
10 mins

Part 5: Exercise 5
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 2: Exercise 6
10 mins

Part 1: Exercise 5
Exercise 6
20 mins

30 MIN-
SIMULATION

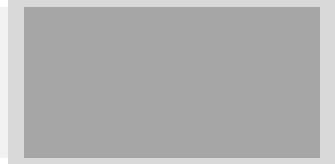
SATURDAY

Part 5: Exercise 6
10 mins

Part 1: Exercise 4
15 mins

30 MIN-
SIMULATION

SUNDAY



WEEK 3

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 2: Exercise 7
10 mins

Part 1: Exercise 5
15 mins

30 MIN-
SIMULATION

TUESDAY

Part 1: Exercise 7
Exercise 8
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 2: Exercise 8
10 mins

Part 5: Exercise 7
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 1: Exercise 3
10 mins

Part 5: Exercise 8
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 2: Exercise 9
10 mins

Part 1: Exercise 9
Exercise 10
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 5: Exercise 9
10 mins

Part 1: Exercise 6
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 4

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 2: Exercise 10
10 mins

Part 1: Exercise 7
15 mins

30 MIN-
SIMULATION

TUESDAY

Part 1: Exercise 11
Exercise 12
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 2: Exercise 11
10 mins

Part 5: Exercise 10
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 1: Exercise 4
10 mins

Part 5: Exercise 11
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 2: Exercise 12
10 mins

Part 1: Exercise 13
Exercise 14
20 mins

30 MIN-
SIMULATION

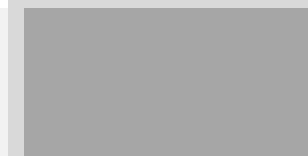
SATURDAY

Part 5: Exercise 12
10 mins

Part 1: Exercise 8
15 mins

30 MIN-
SIMULATION

SUNDAY



WEEK 5

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 2: Exercise 13
10 mins

Part 1: Exercise 9
15 mins

30 MIN-
SIMULATION

TUESDAY

Part 1: Exercise 15
Exercise 16
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 2: Exercise 14
10 mins

Part 5: Exercise 11
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 1: Exercise 5
10 mins

Part 5: Exercise 12
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 2: Exercise 15
10 mins

Part 1: Exercise 17
Exercise 18
20 mins

30 MIN-
SIMULATION

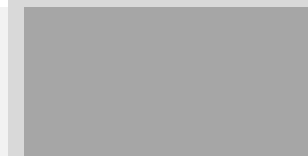
SATURDAY

Part 5: Exercise 13
10 mins

Part 1: Exercise 10
15 mins

30 MIN-
SIMULATION

SUNDAY



WEEK 6

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 2: Exercise 16
10 mins

Part 5: Exercise 14
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 1: Exercise 11
15 mins

Part 1: Exercise 19
Exercise 20
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 1: Exercise 6
10 mins

Part 5: Exercise 15
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 1: Exercise 7
10 mins

Part 5: Exercise 16
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 1: Exercise 8
10 mins

Part 2: Exercise 1
Exercise 2
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 5: Exercise 17
10 mins

Part 1: Exercise 12
15 mins

30 MIN-
SIMULATION

SUNDAY

MOCK EXAM

MOCK EXAM

MOCK EXAM

MOCK EXAM

WEEK 7

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 2: Exercise 17
10 mins

Part 5: Exercise 18
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 1: Exercise 13
15 mins

Part 2: Exercise 3
Exercise 4
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 1: Exercise 9
10 mins

Part 5: Exercise 19
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 1: Exercise 10
10 mins

Part 5: Exercise 20
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 1: Exercise 11
10 mins

Part 3: Exercise 1
Exercise 2
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 6: Exercise 1
10 mins

Part 1: Exercise 14
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 8

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 2: Exercise 18
10 mins

Part 6: Exercise 2
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 1: Exercise 15
15 mins

Part 2: Exercise 5
Exercise 6
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 1: Exercise 12
10 mins

Part 6: Exercise 3
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 1: Exercise 13
10 mins

Part 6: Exercise 4
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 1: Exercise 14
10 mins

Part 3: Exercise 3
Exercise 4
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 6: Exercise 5
10 mins

Part 1: Exercise 16
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 9

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 2: Exercise 19
10 mins

Part 6: Exercise 6
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 1: Exercise 17
15 mins

Part 2: Exercise 6
Exercise 7
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 1: Exercise 15
10 mins

Part 6: Exercise 7
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 1: Exercise 16
10 mins

Part 6: Exercise 8
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 1: Exercise 17
10 mins

Part 3: Exercise 5
Exercise 6
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 6: Exercise 9
10 mins

Part 1: Exercise 18
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 10

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 2: Exercise 20
10 mins

Part 6: Exercise 10
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 1: Exercise 19
15 mins

Part 2: Exercise 8
Exercise 9
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 1: Exercise 18
10 mins

Part 6: Exercise 11
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 1: Exercise 19
10 mins

Part 6: Exercise 12
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 1: Exercise 20
10 mins

Part 3: Exercise 7
Exercise 8
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 6: Exercise 13
10 mins

Part 1: Exercise 20
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 11

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 3: Exercise 1
10 mins

Part 6: Exercise 14
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 2: Exercise 1
15 mins

Part 2: Exercise 10
Exercise 11
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 4: Exercise 1
10 mins

Part 6: Exercise 15
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 4: Exercise 2
10 mins

Part 6: Exercise 16
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 4: Exercise 3
10 mins

Part 3: Exercise 9
Exercise 10
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 6: Exercise 17
10 mins

Part 2: Exercise 2
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 12

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 3: Exercise 2
10 mins

Part 6: Exercise 18
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 2: Exercise 3
15 mins

Part 2: Exercise 12
Exercise 13
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 4: Exercise 4
10 mins

Part 6: Exercise 19
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 4: Exercise 5
10 mins

Part 6: Exercise 20
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 4: Exercise 6
10 mins

Part 3: Exercise 11
Exercise 12
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 7: Exercise 1
10 mins

Part 2: Exercise 4
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 13

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 3: Exercise 3
10 mins

Part 7: Exercise 2
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 2: Exercise 5
15 mins

Part 2: Exercise 14
Exercise 15
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 4: Exercise 7
10 mins

Part 7: Exercise 3
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 4: Exercise 8
10 mins

Part 7: Exercise 4
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 4: Exercise 9
10 mins

Part 3: Exercise 13
Exercise 14
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 7: Exercise 5
10 mins

Part 2: Exercise 6
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 14

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 3: Exercise 4
10 mins

Part 7: Exercise 6
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 2: Exercise 7
15 mins

Part 2: Exercise 16
Exercise 17
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 4: Exercise 10
10 mins

Part 7: Exercise 7
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 4: Exercise 11
10 mins

Part 7: Exercise 8
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 4: Exercise 12
10 mins

Part 3: Exercise 15
Exercise 16
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 7: Exercise 9
10 mins

Part 2: Exercise 8
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 15

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 3: Exercise 5
10 mins

Part 7: Exercise 10
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 2: Exercise 9
15 mins

Part 2: Exercise 18
Exercise 19
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 4: Exercise 13
10 mins

Part 7: Exercise 11
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 4: Exercise 14
10 mins

Part 7: Exercise 12
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 4: Exercise 15
10 mins

Part 3: Exercise 17
Exercise 18
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 7: Exercise 13
10 mins

Part 2: Exercise 10
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 16

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 3: Exercise 6
10 mins

Part 7: Exercise 14
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 2: Exercise 11
15 mins

Part 2: Exercise 20
10 mins
COMPLETED

30 MIN-
SIMULATION

WEDNESDAY

Part 4: Exercise 16
10 mins

Part 7: Exercise 15
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 4: Exercise 17
10 mins

Part 7: Exercise 16
10 mins

30 MIN-
SIMULATION

FRIDAY

Part 4: Exercise 18
10 mins

Part 3: Exercise 19
Exercise 20
20 mins-
COMPLETED

30 MIN-
SIMULATION

SATURDAY

Part 7: Exercise 17
10 mins

Part 2: Exercise 12
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 17

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 3: Exercise 7
10 mins

Part 7: Exercise 18
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 2: Exercise 13
15 mins

Part 4: Exercise 1
Exercise 2
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 4: Exercise 19
10 mins

Part 7: Exercise 19
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 4: Exercise 20
10 mins
COMPLETED

Part 7: Exercise 20
10 mins
COMPLETED

30 MIN-
SIMULATION

FRIDAY

Part 4: Exercise 3
Exercise 4
20 mins

30 MIN-
SIMULATION

SATURDAY

Part 2: Exercise 14
15 mins

30 MIN-
SIMULATION

SUNDAY

WEEK 18

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 3: Exercise 8
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 2: Exercise 15
15 mins

Part 4: Exercise 5
Exercise 6
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 3: Exercise 9
10 mins

Part 2: Exercise 16
15 mins

30 MIN-
SIMULATION

THURSDAY

Part 3: Exercise 10
10 mins

Part 2: Exercise 17
15 mins

30 MIN-
SIMULATION

FRIDAY

Part 3: Exercise 11
10 mins

Part 4: Exercise 7
Exercise 8
20 mins

30 MIN-
SIMULATION

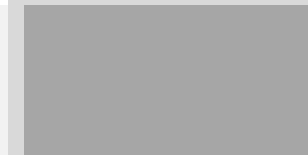
SATURDAY

Part 3: Exercise 12
10 mins

Part 2: Exercise 18
15 mins

30 MIN-
SIMULATION

SUNDAY



WEEK 19

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 3: Exercise 13
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 2: Exercise 19
15 mins -
COMPLETED

Part 4: Exercise 9
Exercise 10
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 3: Exercise 14
10 mins

30 MIN-
SIMULATION

THURSDAY

Part 3: Exercise 15
10 mins

Part 2: Exercise 20
15 mins

30 MIN-
SIMULATION

FRIDAY

Part 3: Exercise 16
10 mins

Part 4: Exercise 11
Exercise 12
20 mins

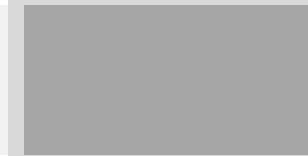
30 MIN-
SIMULATION

SATURDAY

Part 3: Exercise 17
10 mins

30 MIN-
SIMULATION

SUNDAY



WEEK 20

USE OF
ENGLISH

READING

WRITING

LISTENING

SPEAKING

MONDAY

Part 3: Exercise 18
10 mins

30 MIN-
SIMULATION

TUESDAY

Part 2: Exercise 19
15 mins -
COMPLETED

Part 4: Exercise 13
Exercise 14
20 mins

30 MIN-
SIMULATION

WEDNESDAY

Part 3: Exercise 19
10 mins

Part 4: Exercise 15
Exercise 16
20 mins

30 MIN-
SIMULATION

THURSDAY

Part 3: Exercise 20
10 mins
COMPLETED

Part 4: Exercise 17
Exercise 18
20 mins

30 MIN-
SIMULATION

FRIDAY

Part 4: Exercise 19
Exercise 20
20 mins
COMPLETED

30 MIN-
SIMULATION

SATURDAY

MOCK EXAM

MOCK EXAM

MOCK EXAM

MOCK EXAM

30 MIN-
SIMULATION

SUNDAY

CONGRATULATIONS YOU'VE COMPLETED YOUR COURSE

YOU'RE READY FOR THE EXAMINATION

Don't forget to consult with one of our teachers